

# Asthma Medication Administration Authorization Form ASTHMA ACTION PLAN for

\_\_\_\_/\_\_\_\_/\_\_\_\_ to \_\_\_\_/\_\_\_\_/\_\_\_\_ (not to exceed 12 months) Name: \_\_\_\_\_ DOB: \_\_\_\_\_ PEAK FLOW PERSONAL BEST: \_\_\_\_\_

ASTHMA SEVERITY:  Exercise-induced  Intermittent  Mild Persistent  Moderate Persistent  Severe Persistent List Triggers: \_\_\_\_\_

CHECK SYMPTOMS/INDICATIONS FOR MEDICATION USE	<b>GREEN ZONE : Long Term Control Medication — use daily at home unless otherwise indicated</b>				
	<input type="checkbox"/> Breathing is good <input type="checkbox"/> No cough or wheeze <input type="checkbox"/> Can work, exercise, play <input type="checkbox"/> Other: _____ <input type="checkbox"/> Peak flow greater than _____ (80% personal best)	<b>Medication</b>	<b>Dose</b>	<b>Route</b>	<b>Frequency</b>
	<input type="checkbox"/> <b>Prior to exercise/sports/ physical education</b>	<b>(Rescue Medication)</b>			
		<b>If using more than twice per week for exercise, notify the health care provider and parent/guardian.</b>			
	<b>YELLOW ZONE: Quick Relief Medications — to be <u>added</u> to Green zone medications for symptoms</b>				
	<input type="checkbox"/> Cough or cold symptoms <input type="checkbox"/> Wheezing <input type="checkbox"/> Tight chest or shortness of breath <input type="checkbox"/> Cough at night <input type="checkbox"/> Other: _____ <input type="checkbox"/> Peak flow between _____ and _____ (50%-79% personal best)	<b>Medication</b>	<b>Dose</b>	<b>Route</b>	<b>Frequency</b>
		<b>If symptoms do not improve in _____ minutes, notify the health care provider and parent/guardian. If using more than twice per week, notify the health care provider and parent/guardian.</b>			
<b>RED ZONE: Emergency Medications— Take these medications and <u>call 911</u></b>					
<input type="checkbox"/> Medication is not helping within 15-20 mins <input type="checkbox"/> Breathing is hard and fast <input type="checkbox"/> Nasal flaring or skin retracts between ribs <input type="checkbox"/> Lips or fingernails blue <input type="checkbox"/> Trouble walking or talking <input type="checkbox"/> Other: _____ <input type="checkbox"/> Peak flow less than _____ (50% personal best)	<b>Medication</b>	<b>Dose</b>	<b>Route</b>	<b>Frequency</b>	
	<b>Contact the parent/guardian after calling 911.</b>				

### Health Care Provider and Parent Authorization with Review by RN

I authorize the school/camp staff to administer the above medications as indicated. Student may self-carry medications (School-age students only)  **Yes**  **No**

Prescriber signature & date: \_\_\_\_\_  
 Parent/Guardian signature & date: \_\_\_\_\_

By signing below, I certify that the student is authorized to self-carry/self-administer medication at school/camp and authorize the student to self-carry/self-administer the medications indicated during school or camp.

Prescriber signature & date: \_\_\_\_\_  
 Parent/Guardian signature: \_\_\_\_\_

Reviewed by DN/RN Health Supervisor  
 Name: \_\_\_\_\_  
 Signature/date: \_\_\_\_\_  
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